Rules: 1. No Wet Suits 2. No Nudity 3. Complete submersion (no time limit)
The PolaRotary Bear Plunge provides you with a venue to support your favorite charity.

Styled after fundraising "walk-a-thons", participants solicit contributions from those who wish to support the "jumper's" charity of choice and heroic plunge into the freezing cold waters of Lake Arrowhead. The charity must be identified, along with its 501c3 number prior to participating in the jump. Names, addresses and email addresses must also be submitted. Jumpers must all be 18 years of age or older.

The first \$1000 you raise will be split 50/50 with the Lake Arrowhead Rotary Foundation; anything over \$1000 will go to the charity of your choice. "Teams" jumping for the same charity will be considered the same as an individual in respect to distribution of donations Teams are limited to eight members. Multiple teams may jump for the same charity with each team being subject to the same 50/50 split.

Please keep in mind that this is a fundraiser; each jumper should raise a minimum of \$50.

<u>All</u> checks are to be made out to *Lake Arrowhead Rotary <u>Foundation</u>*. Write the non-profit being supported <u>and</u> the jumper's name on the memo line. To donate online, go to:

https://polarotary.rallyup.com/3ceea4 After the accounting, has been finalized, a check reflecting the "split" will then be presented to your charity/organization.

Supporters wishing to take advantage of a tax deduction <u>this</u> year need to donate before year's end Mail checks to Lake Arrowhead Rotary, PO Box 686, Lake Arrowhead, CA 92352.

Checks you collect, and cash, are to be turned in the morning of the event.

On the day of the Plunge:

- 1) Registration begins at 8:00 AM.
- 2) Following registration participants go downstairs to **the Evergreen Room** where pictures will be taken with their *name and number* <u>card</u> (**required**).
- 3) Proceed to the beach and hand card to the announcer.
- 4) Jumpers (teams) enter the water when the MC announces their names.

The First Jumper(s) enter the water at 10:00 AM.

Rotary volunteers will be stationed around the venue should you need help or have questions. Prizes will be awarded for the best costumes. **Contestants for** *Best Costume* **must have pictures taken no later than 10:15am!** <u>Please allow yourselves time.</u>

The Lake Arrowhead Resort & Spa has generously agreed to provided changing rooms, hot tubs, and showers for the jumpers. Please respect your fellow participants, spectators and the resort facilities and acknowledge their much-appreciated support.

Keep in mind; there is **NO** such thing as inclement weather for a PolaRotary Bear!

For more information visit https://polarotary.rallyup.com/3ceea4 or contact Dr. Rains at arhdvet@hotmail.com

Thank You