

We are indeed living in interesting times.

As the news cycle spin and the markets crash and people panic, I ask you to offer up the following mantra or prayer to whatever higher power you believe in.

At a time where people are hoarding goods, please give me the strength to be more giving.

At a time where people are practicing social distancing, please give me the foresight to reach out to my neighbors, my community and to those who are vulnerable and less fortunate than myself.

At a time where hugs, handshakes and the like are being discouraged, please give me the ability to touch the minds and hearts of the people around me with thoughtful words, praise and encouragement.

At a time when people are worried, please give me the fortitude to be patient, kind and thoughtful.

As we look forward to the days, weeks and months ahead – I ask for the stamina to be the calm in the storm, to be the reasonable person in the room, and to be the leader, the Rotarian, I know I can be.



MELISSA WARD