

Rotary Youth Exchange First Night Questions

Use this link to do a language translator (questions may be slightly different) <http://fnq.yeoresources.org/>

1. What do I call you? "Mom", "Dad", or given (first) name?
 2. What is the best way to communicate with you when we are not together (text, WhatsApp, email, phone call)?
 3. What are my daily/weekly chores:
 - a. Make my bed, keep my room tidy
 - b. Clean the bathroom up after I use it?
 - c. Kitchen help (empty dishwasher, set the table...)
 - d. _____
 - e. _____
 4. What is the procedure about dirty clothes? Where do I keep them until wash day?
 5. Should I include my undergarments with the main laundry?
 6. Where can I keep my bathroom accessories?
 7. When time can I use the bathroom on weekday mornings?
 8. When is the best time for me to shower or bathe?
 9. Can I use the family shampoo and tooth paste or buy my own?
 10. How do I get feminine hygiene products? What do I do with used products?
 11. What time is Breakfast, Lunch and Dinner?
 12. May I help myself to food and drinks (non-alcoholic) at any time or must I ask first?
 13. May I use kitchen appliances? Microwave? Dishwasher? Stove?
 14. What do I do about school lunch? Bring from home? Do I make my own lunch? Are there certain lunch foods? Am I allowed to take leftovers? If I choose to buy school lunch, do I pay myself?
 15. Are there any eating habits or foods I need to discuss? I don't like _____. I am allergic to_____.
 16. Are there any family members with food allergies, special diets?
 17. What areas are strictly private e.g. your study, bedroom, pantry, etc.?
 18. May I put posters and pictures in my room? On the wall? How do you want things hung?
 19. What are your feelings about my drinking alcohol if offered by you?
 20. What time must I get up in the morning on school days?
 21. How will I get to school (walk, school bus, host family drives...)?
 22. How do get help with homework if I need it?
- _____

23. How do I ask for permission to go out after school or on weekends (with friends, Rotarians, sporting events...)?
24. What time should I get up weekends and holidays?
25. What time must I go to bed weekdays? Weekends?
26. What time must I be home on school nights if I go out? (Exceptions by special arrangement).
27. What time must I be home on weekends if I go out?
28. May I have friends visit, stay overnight? How do I ask Permission?
29. What is your rule on entertaining friends in my room with the door closed?
30. Can I invite friends over during the day? After school? When no one else is home?
31. How do I get to where I need to go? Bus, bicycle, will I be driven in a car? Can I ride with friends in their car, etc.
32. How can I get to the movies, mall, friend's house (bike, walk, bus, be driven)?
33. What are the rules about using my phone? Is there a limit to internet or wifi? Am I allowed to stream movies, Netflix, You tube?
34. Are there time limits or time periods when I cannot use my phone, wifi, internet?
35. Are there places where I cannot use my phone (Dining table, family time, bedroom...)? Can I have my phone/device in my room during the night?
36. How can I send mail?
37. May I play music or watch TV (my bedroom, family spaces)?
38. What is your rule for wearing earbuds or headphones?
39. Do any of you have any dislikes? Example: chewing gum, music types, being late, wearing a hat at the table, being interrupted while reading, etc.
40. What are the family's religious activities or practices?
41. What dates are the birthdays of family members or special family events?
42. If I have something bothering me, how do you want me to handle it?
 - a. Write a note explaining it.
 - b. Ask for a discussion.
 - c. Talk to my Rotary counselor, my YEO or other adult I trust.
43. What do I do if I feel sick?
44. Who pays for "event" expenses? me? you? Rotary? (movies, sports events, concerts/shows)

In general, ask about those things you feel are most important the first night, and then other things over the next couple nights. Try to always keep an open and honest communication with your Host Family and Rotary.