



# The Canadian Club of Edmonton

Founded 1906  
Honorary Patron  
The Honourable Salma Lakhani  
Lieutenant Governor of Alberta



## April 2026 CCE Newsletter

**Register now for our Apr. 15<sup>th</sup> Luncheon!**

12:00 pm Apr. 15<sup>th</sup> at Chateau Lacombe Hotel

**Along with *Dr. Michael Antle* on  
*Daylight Savings and our Circadian Clock***



Register by April 10<sup>th</sup> by emailing [cdn1906@gmail.com](mailto:cdn1906@gmail.com) or at  
<https://www.signupgenius.com/go/10C054EABAF2FA7FCC70-63281450-drmichael/>

Join the Canadian Club of Edmonton for our April luncheon with Dr. Michael Antle for a conversation about Alberta's time zone and the brain's Circadian Clock. What should Albertan's consider when deciding the best time for Alberta?

**With BC moving to permanent Daylight-Saving Time, and with Saskatchewan following year around Standard Time, is it time for Alberta to abandon the biannual clock change? What should Albertan's consider when deciding the best time for Alberta?**

Dr. Michael Antle is a professor and Department Head in the Psychology Department and member of the Hotchkiss Brain Institute at the University of Calgary. He earned his PhD at Simon Fraser University in Burnaby BC in 2001. After working at Columbia University in New York City, he moved to the University of Calgary where, for the last 22 years, his lab has been researching the innerworkings of our brain's Circadian Clock that controls all the daily patterns in physiology and behavior.



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Please sign up with full names for all attendees and any dietary restrictions. Sign up for either the Full meal (\$35) or the Sandwich plate (\$30) includes the salad or soup, and a dessert – all served to your table. Parking at the hotel is only \$5 - just bypass the hotel meters and pay at the door to register your license plate.

Debit and Credit card payment options are usually available. Cash or cheques are also accepted at the door for luncheon.

Any questions can be sent to [cdn1906@gmail.com](mailto:cdn1906@gmail.com).

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## **2026 Annual General Meeting and New Executive**

Thanks to everyone who attended the Canadian Club of Edmonton AGM on February 18<sup>th</sup>; memberships were reinstated, a budget was approved, and a few updates were made to the club bylaws. Then on March 18<sup>th</sup>, a meeting was briefly opened to elect our club executive. Congratulations to Dave Yadallee – Club President, David Maddess – Vice President, and Sam Borynec – Secretary. There is lots of opportunity to become involved with the reinvigoration of the Canadian Club, don't hesitate to speak the any of the executive if you would like to join on as a director.

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## Upcoming 2026 Luncheons

**Wednesday, April 15<sup>th</sup> – Dr. Michael Antle, U of C Psychology Department Head – Daylight Savings and our Circadian Clock**

**Wednesday, May 20<sup>th</sup> – Jason Schilling, President of the Alberta Teachers' Association – State of Education in Alberta**

**Wednesday, June 17<sup>th</sup> – Hon. Thomas Lukaszuk – US interference within the Alberta Separatist Movement**

**July and August – Summer Break**

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### Meal Cancellations

If you have confirmed your attendance and have to cancel, you can adjust your attendance at <https://www.signupgenius.com/go/10C054EABAF2FA7FCC70-63281450-drmichael#/> until April 13<sup>th</sup>. If you must cancel after the cut-off, please email [cdn1906@gmail.com](mailto:cdn1906@gmail.com) as soon as possible. At the Club's discretion, no-shows may be asked to pay for the cost of their meal.

### Memberships

Memberships are encouraged as a measure of support for the Club. Memberships have been reinstated, please consider renewing your membership by filling out the membership form at the luncheon. Thank you to all those who have joined recently or already renewed!

### Topics and Speakers

If there are any topics or speakers you are interested in hearing from, please send your ideas and suggestions to [cdn1906@gmail.com](mailto:cdn1906@gmail.com).

If you wish to have your name removed from our mailing list, or if you wish to update or add your email address, please advise the Club by email at [cdn1906@gmail.com](mailto:cdn1906@gmail.com)

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**Please share with family and friends this opportunity to learn about the benefits of building cooperatives in Canada! Guests are always welcome, but Lunch registrations are required.**