



Tracey MacDonald, Presenter



Tracey MacDonald is passionate about empowering others to tap into their inner wisdom and to master their emotions. Tracey's own journey in self-awareness has really opened her eyes to how we communicate with ourselves directly impacts our self confidence, internal state of peace and happiness.

Business leaders and dental/health professionals who have partnered with Tracey have been equipped with a higher level of self-awareness, increased emotional intelligence and enhanced communication skills. She has helped them increase

their confidence, enjoy happier and more fulfilling relationships, gain clarity and focus to take their personal and professional life to the next level. Tracey also enjoys educating and group coaching to help improve office and team dynamics.

Tracey MacDonald is a Certified Professional Life and Business Coach (CPC), Master Practitioner of Energy Leadership (ELI-MP), motivational speaker, workshop/training facilitator and licensed practitioner of Neuro-Linguistic Programming (NLP). Tracey also has over 18 years experience as a dental hygienist and treatment co-ordinator.

traceymaccoaching.com

AGM registration at 9 a.m.—Con-Ed 1:00 p.m. to 3:00 p.m.

DYNAMIC COMMUNICATION CHECK-UP!

Have you ever felt frustrated with someone in your life, who just won't listen no matter what you say?

Did you ever wonder how to deal better with difficult people?

Did you ever wish you could stay unruffled in the face negative comments?

If any of these three questions resonated with you, then join Tracey MacDonald (from Tracey Mac Coaching) for **Dynamic Communication Check-up**, where you will learn:

How our own inner voice can breakdown communication and what to do about it.

What are the 4 major blocks to communication.

How to communicate with difficult people in a constructive way.

Mail registration form and make cheque payable to:

NBDAA

P.O. Box 8997, Shediac, NB E4P 8W5



For more information -
Bernice Léger toll free 1-866-530-9189
or bernioff@nb.sympatico.ca.

REGISTRATION FORM

Registration deadline is May 1, 2019

DA

Non member

NAME: _____

E-MAIL: _____

ADDRESS: _____

CITY / PROVINCE: _____ POSTAL CODE: _____

PHONE: _____ MEMBER (YES OR NO) _____

VISA OR MASTER CARD NUMBER: _____

SECURITY CODE: _____ EXPIRY DATE: _____

If you are paying by credit card, you may fax your registration to (506)532-3635.

SATURDAY
May 4, 2019

FREE AGM only

\$30 Lunch only

\$50 for Members (entire day)

\$65 Non-Members (Con-Ed & lunch)