

# CHAIRSIDE NBDA Celebrating 40 years CHATTER

Fall 2015

## A Note from the President:



Marie-Christine Arseneau  
President

Dear members,

At this moment where I'm writing these first lines, the first snow flakes are falling to cover the ground in white. It's the time of year where families get together, meals and preparations for the season is upon us.

The new NBDA board of directors had its first meeting in September. We had the pleasure of having two members of the NB Dental Society join us in conversations and ideas.

We are currently working on the

mentorship and the scholarships are now available for our future dental assistants graduates. Please visit the website at [www.nbdaa.ca](http://www.nbdaa.ca) for more information.

I participated at the Fredericton Symposium and BRAVO to the organizing committee for a great continuing education day.

I had the opportunity to meet the dental assisting students at CCNB Campbellton to explain to them the importance of being a regular and active member of the association

I intend to also visit the students of Oulton College in Moncton by the end of the school year.

Save the date of May 27 & 28, 2016 for the Annual General Meeting in Bathurst at the Atlantic Host Hotel in conjunction with the dental hygienists. More details to come.

On behalf of myself, Bernice and the entire board of directors, we wish you love, peace, happiness for the upcoming new year.

If you have any questions, you may always contact me by e-mail and I will answer to the best of my knowledge.

Happy Holidays!!!



NEW BRUNSWICK  
DENTAL ASSISTANTS' ASSOCIATION  
P.O. Box 8997  
Shediac, NB E4P 8W5

Phone: (506) 532-9189  
Toll free: 1-866-530-9189  
Fax: (506) 532-3635

Email: [bernioff@nb.sympatico.ca](mailto:bernioff@nb.sympatico.ca)  
Website: [www.nbdaa.ca](http://www.nbdaa.ca)

## EVENTS

**Jan 26, 2016** at 6:30 p.m.  
Fredericton local meeting at  
the Fredericton Dental centre

**Jan 26, 2016** at 6:00 p.m.  
Moncton local meeting at  
Dr. Daniel's Education Centre

**Feb 3, 2016** at 6:30 p.m.  
Saint John local meeting  
At Sobeys West Side

**Feb 13, 2016** at 10:00 a.m.  
Board of Directors' meeting  
at the Holiday Inn Express &  
Suites in Moncton, NB  
*(If you wish to attend, please notify  
Bernice)*

**Feb 23, 2016** at 6:30 p.m.  
Fredericton local meeting at  
the Fredericton Dental centre

**Mar 2, 2016** at 6:30 p.m.  
Saint John local meeting at  
Sobeys on the West Side

**Mar 22, 2016** at 6:30 p.m.  
Fredericton local meeting at  
the Fredericton Dental centre

For more details visit the  
website at [www.nbdaa.ca](http://www.nbdaa.ca)



The 2016 Annual General Meeting on May 28th, 2016  
at the Atlantic Host Hotel in Bathurst, NB

## Message from the Past President

### NBDAA BOARD OF DIRECTORS

**Marie-Christine Arseneau**  
President  
506-395-9711  
mc\_arseneau@hotmail.com

**Pamala Dupuis**  
Past President  
(506) 576-7077  
tdpd89@rogers.com

**Amber Caissie**  
NBDS Rep.  
(506) 859-6044  
Livybuggirl@hotmail.com

**Shelley Fletcher**  
Member at Large  
506-455-9858  
shellyfletcher20@gmail.com

**Melissa MacDonald**  
Fredericton Representative  
(506) 453-9191  
sissalagacy@yahoo.ca

**Ronda Marr**  
Saint John Representative  
(506) 832-7360  
grmarr@nbnet.nb.ca

**Jean-Marie Christensen**  
Vice President  
(506) 227-8838  
jeancda@live.ca

**Angela Cselenyi**  
COAA Rep.  
(506) 388-3592  
cselenyiangela@yahoo.ca

**Sylvie Fortin Bourque**  
North Shore representative  
sfbourque@hotmail.com  
(506) 543-6046

**Bernice Léger**  
Bilingual Office Coordinator  
(506) 532-9189 or  
Toll Free: 1-866-530-9189  
bernioff@nb.sympatico.ca  
www.nbdAA.ca



I hope this newsletter finds each of you happy and well! Where does the time go? Christmas is almost upon us already and it seems like we just had our AGM and were heading into summer!!

As Past President, one of my roles with the NBDAA is to find exceptional people for our next NBDAA election. I will have a hard time to fill the shoes of our last Past Presidents as the NBDAA Board & Executive is strong, striving and full of life! I would say they have accomplished their role. I know that day to day life, work, and family responsibilities make you think you may not have time to sit on the NBDAA Board, but as a Professional, I would hope that some of you have a strong belief and desire to continue making our

Profession one to be envied by other professionals and one to be proud of. If you think you have something to say, if you want to make a difference in our association, please contact one of our Board Members and join us!

Another one of my roles as Past President is to Chair the Awards Committee. Please start thinking now of awesome Dental Assistants who you may nominate. I am sure you all know an amazing Dental Assistant who deserves to be recognized. Keep your eyes open for the NBDAA Awards nomination sheet that will be out in the New Year; and don't forget to nominate your peers!!

I would like to wish each of you a very Merry Christmas! I hope that you take time to enjoy the warmth of this Holiday Season and spend time with family and friends. Stay safe and Healthy!

Respectfully Submitted.

Pam Dupuis

## Message from the Vice President & Moncton local



Hello Dental Assistants,

Hope you all enjoy your holidays! 2015 was a pretty exciting year, I had accepted the position of Vice President for the NBDAA, I will truly miss my role as Moncton Local, however I still plan on having a presence in the Moncton DA community. I believe we have found a new Moncton Local rep and I hope to introduce her in the new year. I'm thrilled to be able to work with the new President, Marie-Christine and our wonderful board to make our profession strong and knowledgeable.

I'm sad to announce that my time as Moncton Local representative had come to an end. I enjoyed my position as your representative, however I'm excited to be your new Vice President! Moncton had a great autumn! Our meeting numbers in the fall had increased and we were able to finish the year by raising a \$100.00 from the 50/50 draws that happened at each meeting. We decided as a group at the November meeting to give a donation in that amount to the Tooth Fairy Program. At the November meeting we also held a food drive for the Moncton West End Food Bank, it was a great success and thank you to everyone that brought a donation! Moncton has a few meetings lined up for the 2016 year, please check the Facebook page NBDAA for updates and the meetings are also listed on www.NBDAA.ca website. Please note the March meeting is volunteering at the Ronald McDonald Room in the Moncton Hospital, we will not be giving out points for that event.

Jean-Marie Christensen

**Season's Greetings From The Saint John Local**

I hope this newsletter finds all of our members well. It has been nice to see everyone who has been attending the meetings. Our year kicked off in September with the introduction of our new executive. Pam Ptinis who has been involved on a local level for a few years now, has continued as president. Pam is dedicated to providing our members with their continuing education points. She is always available for questions or concerns and can be reached via e-mail either on our Facebook page or at [saintjohnlocaldentalassistants@gmail.com](mailto:saintjohnlocaldentalassistants@gmail.com). Our vice president is Shiloh Smyth and treasurer is Krysten Touchbourne. All of these ladies put a lot of effort into organizing our monthly meetings.



Ronda Marr

Dr Andrew Halford was our guest speaker in November. After some technical difficulties, he proceeded with his presentation on Endodontics. Dr. Halford is always an entertaining and educational speaker. We are fortunate to have so many Doctors in our area willing to help us meet our continuing education needs.

November's meeting which was held at the Westside Sobeys, went well. Our guest speaker was Julia Halford, who is a local Occupational Therapist. She spoke on the importance of ergonomics, which as we all know for Dental Assistants, that is always a concern. The meeting was very well attended and the new location seemed to work well.

After a great discussion it was decided that we would donate to Bobby's Hospice for our Charity this year. We are also donating some care bags to the residents of Safe Harbor. This is a left over commitment from last spring. The members also discussed the possibility of rotating meeting locations to keep it fair for everyone traveling. This is being considered and members will be kept up to date via e-mails.

We are looking forward to the new year with a lot of interesting guest speakers. The board members are trying to put together a self defense class for one of our meetings. They are hoping to get some good numbers for participation. Hopefully weather will be kinder to us this winter!

Wishing everyone a joyous and prosperous new year.

Warmest Regards,  
Ronda Marr CDA

**Canadian Dental Assistants' Association**

*Position available: CDAA representative*

This position requires a little traveling to Ottawa or the location of 1 or 2 meetings per year and participate by conference call.

You will be reporting back to NBDAA's Board of directors' meeting 3 times per year.

If you are interested in this position, please contact Marie-Christine Arseneau at [mc\\_arseneau@hotmail.com](mailto:mc_arseneau@hotmail.com) for more details.



©Wierne Photographie

**AWARDS**

Please consider nominating a deserving dental assistant for a NBDAA award presented at our next AGM on May 28th, 2016 in Bathurst.

For more information on awards, please visit the website at [www.nbdaa.ca](http://www.nbdaa.ca) under "site pages".

2016 AGM in conjunction with the dental hygienists will be held at the Atlantic Host Hotel in Bathurst with education sessions on May 28, 2016.

For overnight accommodations call 1-506-804-2705.



CDAA Executive Director's Quarterly report  
July - September 2015

---

Below is a detailed account of my work during the 3rd Quarter of 2015.

### Operations

- Accounts with suppliers and service-providers were maintained and are up-to-date.
- I provided the Executive Director quarterly report for the period of April through June 2015 to the Board.
- I prepared meeting packages for two (2) Board conference calls – July 30, and September 8, 2015. Minutes for each of these calls were approved and provided to Board members in a timely fashion.
- As per initial planning, work was completed in the second quarter of 2015 to update the CDAA website structure and further amendments to the website's content is being completed in-house to save costs.
- In conjunction with the Administrative Assistant and in consultation with the Board, a review of physical files held in the office was completed. The large, second batch of redundant documents, as confirmed by the Board, have been sorted and shredded.
- CDAA broke the lease at 110 Clarence and moved forward with a virtual office/flex office space operating model in order to realize future overhead/operational savings.
- I have completed negotiations with Intelligence Office representatives to address the move for CDAA from a physical office space to a virtual office space, effective October 1, 2015. Contract was signed and finalized in July 2015.
- On September 10, 2015 I completed and signed a contract with a storage facility to house the remaining furniture, historical and financial records and CDAA memorabilia.
- Throughout the month of September, I focused heavily on preparing furniture and sorting/coordinating the various logistical aspects of the move from 110 Clarence to the virtual office.

### Human Resources

- No activity to report.

### Financial

- I have submitted July and August financial statements to the Board for their approval. They have been approved by the Board without concern. September financials are pending Board approval.
- I have submitted the CRA Payroll remittances for July, August and September prior to their due date to CRA.
- I have consulted regularly with the accountant, Mr. Brian Stinson on invoices, seeking clarification on budget line items, etc.

### Research and Knowledge Transference

- I can confirm that CDAA will fund a research project on the long-term negative effects to hearing in the dental assisting and dental hygiene profession. This joint project will be conducted in partnership with the Canadian Foundation for Dental Hygiene Research and Education (CFDHRE), the charitable arm of the CDHA, utilizing funds from the Penny Waite Fund. A callout for grant applications and peer review committee members was posted to the CDAA website and Facebook page. The callout was shared with Organizational Members to share broadly with their membership.



CDAA Executive Director's Quarterly report  
July - September 2015

- Ms. Yvonne James has completed Phase I (literature review) and Phase II (survey) of the research project, entitled Building Capacity in Dental Assisting Research which will look at four topics expressed by Organizational Members, namely: Chemicals: *The long term negative health effects associated with the use of various chemicals and disinfectants commonly utilized within Dental Clinics*; Allergies: *The development of environmental allergies due to long term exposure to dental material*, Carpel Tunnel: *The accumulative trauma in dental assistants*. Radiation: *The long-term effects from minimal radiation exposure*. Currently Phase III (interviews) of the research project is underway with the final report anticipated for the end of the fiscal year 2015.

### Advocacy

- During the final week of August I attended, along with the President of CDAA, the Canadian Dental Association's National Conference in St. John's Newfoundland. During our participation at this Conference we met with representatives of the Newfoundland and Labrador Dental Assistants' Association, the Newfoundland and Labrador Dental Association, the Prince Edward Island Dental Association, former Presidents of CDAA, President and Executive Director of the Canadian Dental Association and educators in the region to discuss issues in the region related to the profession of dental assisting and oral health issues writ-large. As well, CDAA met with corporate partners on the trade floor, discussing our upcoming research projects, AGM 2016 and awards structure. These informal meetings resulted in additional contacts added to our master list of community outreach/advertising directors of corporate oral health-related companies for the purposes of garnering corporate sponsorships for 2016.

### Renewal

- The strategic business plan 2015-2016, which focuses on addressing the needs of the Organizational Members as identified in the renewal plan developed during AGM 2014, was approved during the AGM 2015 with the support of the Board and Organizational Members.
- SDAA, via Ms. Susan Anholt, assisted CDAA in completing a proposal to have the dental assisting profession categorized as a level "B" in the Government of Canada's National Occupation Classification database. The draft proposal was provided to SDAA for their comments.

Stephanie Mullen-Kavanagh  
Executive Director, CDAA



## SCHOLARSHIP

Fall 2015

We are proud to be able to promote the dental assisting profession by helping 2 students with a \$500 scholarship each towards a dental assisting program in Canada. Fill the application form and must be received by January 31. The form can be found on page 7 or on the NBDAA website at [www.nbdAA.ca](http://www.nbdAA.ca) under downloads.



## PHOTO CONTEST

To enter the photo contest, visit <https://www.facebook.com/Photo-contest-849361051848415/>, click on the Photo Contest tab and submit your photo. Only entries submitted through this method will be considered valid.

Contestants are limited to entering one photo per day. The contest closes on February 10, 2016. No late entries will be accepted. The contest is open to NBDAA members only. Photos must represent the profession of dental assisting.

The winners of the contest will be selected from the top 10 with the most likes. The contest committee will select the top 3 photos and announce the winners on February 13, 2016. Prizes will be awarded.

No purchase, expenditure or investment is necessary to enter this contest. The moderators of the contest reserve the right to not accept photos that may be offensive to the public or that demonstrate unsafe practises or unethical.



The winners agree to have NBDAA use the photos in promotional materials such as posters, brochures, newsletters, etc.

### MISSION STATEMENT

The NBDAA is the provincial organization for dental assistants that foster opportunities for the professional growth and is the voice of New Brunswick Dental Assistants.

The six most important goals arrived at are:

Communication

Professional participation

Public promotional of what a Dental Assistant is

Education

National Unity

Members benefits

## PENSION PLAN ENROLMENT

It seems several members want to be a part of the pension plan but do not know where to begin. Bernice will do most of the work for you by registering you in the plan and approaching your employer to participate in your plan and she will also contact your payroll administrator to iron out the payment details.

Forms will be available at the AGM for participants. Don't miss out. The pension plan comes in handy when you reach Bernice's age.

## WELCOME TO OULTON COLLEGE STUDENTS

Ally MacFarlane  
Keisha Alexander  
Morgan Boutilier  
Marie-Claire Chevarie  
Josée Cormier  
Ashoani Augustine  
Chanelle Bourque  
Vanessa Phillips  
Shae-Lynn Briggs  
Lynette Michaud

Meagan McLaughlin  
Shelby Merritt  
Sarah Hilton  
Kasi Holden  
Colin Oickle  
Jessica Perrin  
Alyson Moriarty  
Brianna Devarenne  
Peilin Ye  
Sonia Richard

SeHee Lee  
Vanessa Chevarie  
Taylor McSheffery  
Brianna Parlee  
Michelle Le  
Kaitlin Roberts  
Taylor Merrill  
Danielle Brewer  
Katie MacDonald  
Robyn Gass



## New Brunswick Dental Assistants' Association

P.O. Box 8997 Shediac, NB E4P 8W5

Phone: (506) 532-9189 Fax: (506) 532-3635 Toll free 1-866-530-9189

Website : [www.nbdaa.ca](http://www.nbdaa.ca)

E-mail: [bernioff@nb.sympatico.ca](mailto:bernioff@nb.sympatico.ca)

*Fredericton Affiliate – Moncton Affiliate – North Shore Affiliate  
Saint John Affiliate – Upper St. John River Valley Affiliate*

### Dental Assistant Scholarship Application Form

#### Applicant's Information

Surname: \_\_\_\_\_ Given Name : \_\_\_\_\_

Current Institution: \_\_\_\_\_

Adresse: \_\_\_\_\_

Telephone: \_\_\_\_\_ e-mail: \_\_\_\_\_

#### Previous Academic information

Year of previously completed program: \_\_\_\_\_

Institution: \_\_\_\_\_

Academic Record included: \_\_\_\_\_

#### Instructions

Awarded to a student based on academic result and financial need. To be eligible for this scholarship, students must also:

- Be a resident of New-Brunswick;
- Be enrolled as a full-time student in a dental assistant program in Canada;
- Demonstrate strong academic record; (transcripts)
- Demonstrate financial need (detailed letter);
- Demonstrate a strong community involvement(detailed letter);
- Reference letters

This application form, including all necessary documentation, must be sent to NBDA before January 31st.

#### Declaration

I declare that the information given herein is complete and accurate.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Test questions for 1 continuing education point. Answers can be found on the NBDAA website at [www.nbdaa.ca](http://www.nbdaa.ca) under "Download" in the "Infection Prevention and Control Guidelines for New Brunswick". Only submit with membership renewal by October 1, 2016.

1. What three elements must be present in order to transmit an organism or infection?
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  
2. What are the four modes of transmission of microorganisms?
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
  
3. Which of the following diseases should all DHCPs be immunized against?
 

A) Hepatitis B	I) Rubella
B) Influenza	J) Tetanus
C) Measles	K) Varicella
D) Diphtheria	l) Impetigo
E) Mumps	
F) Polio	
G) Pertussis	
H) Common cold	

## AWARDS

Please consider nominating a deserving dental assistant for a NBDAA award presented at our next AGM on May 23rd, 2015 in Saint John.

For more information on awards, please visit the website at [www.nbdaa.ca](http://www.nbdaa.ca) under "site pages".

