

# CHAIRSIDE CHATTER



Spring 2019

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**Annual General Meeting**  
Saturday, May 4, 2019  
at 9:30 a.m.  
at the Four Points Hotel in Moncton  
Registration deadline is May 1st

**FOUR POINTS HOTEL** at 40 Lady Ada Boulevard, Moncton, NB E1G 0E3  
2 Queens for \$137.00 per night—Reservation: 852-9600



**New Brunswick  
Dental Society**  
**Société Dentaire du  
Nouveau-Brunswick**

**NEW BRUNSWICK DENTAL ASSISTANTS' ASSOCIATION**

P.O. Box 8997, Shediac, NB E4P 8W5

Phone: (506) 876-4662 [www.nbdaa.ca](http://www.nbdaa.ca) e-mail: [bernioff@nb.sympatico.ca](mailto:bernioff@nb.sympatico.ca)

## Message from the PRESIDENT

### NBDAA BOARD OF DIRECTORS

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sissalagacy@yahoo.ca

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Melissa MacDonald  
NBDAA President

Hello dental assistants!

I'm looking forward to our AGM this year and hope to see you all there. It will be in Moncton. We have some interesting topics to discuss.

We are hoping to have a CDAA representative as our guest speaker at the AGM talking about the different things they are currently working on at the National level... but still to be confirmed.

Cheers,



CANADIAN DENTAL  
ASSISTANTS ASSOCIATION  
ASSOCIATION CANADIENNE  
DES ASSISTANT.E.S DENTAIRES

## Message from Rachel Oulton, Member at Large

2019 has started off so positive!

**We have a new Moncton local rep - Shantelle Boudreau. Shantelle brings with her lots of experience and will be a familiar face at our local meetings! Thank you Shantelle for accepting the position!**

Our Moncton meetings have been well attended with fabulous Guest speakers including Andrea Laltoo, teacher at Oulton College. Andrea discussed the benefits of tapping for anxiety and stress reduction at our January meeting. In February, we had Carole Noël, Naturopath from Integrasoul Dieppe discussed self healing and personal growth.

Coming up March 20th at 6:00pm we have maritime assistance canines <http://www.maritimeassistancecanines.org> bringing their precious companions to share with us and educate us on the many services they offer the community - Meeting will be held at the docbraces clinic on Mapleton Rd.

Our April meeting will be at the Oulton College hygiene building on April 17th at 6:30 p.m. Our Dental assisting students will be presenting their table top clinics and would love for everyone to come so they can showcase their work! CE points will be given :) In May, we look forward to our AGM which is always an exciting time for all our locals to come together as a group to learn and recognize our accomplishments. Overall, I'm excited to see where the rest of 2019 will take us and wish everyone much health, happiness and success throughout the year ahead!



Rachel Oulton,  
Member at large

## SCHOLARSHIPS

Spring 2019

Promoting the dental assisting profession by helping 2 students with a \$500 scholarship each towards a dental assisting program in Canada. Fill the application form and it must be received by January 31. The form can be found on the website at [www.nbdaa.ca](http://www.nbdaa.ca) under downloads.

The 2018 scholarship recipients are **Clodie Breau** of Caissie Road and **Alyssa Kilcollins** of Moncton. Congratulations!

## WELCOME STUDENTS

I would like to introduce you to the upcoming 2019 graduating class of the dental assisting programs

Callie Anderson  
Mylène Aubé  
Clodie Breau  
Kerrigan Brown  
Abigail Carrier  
Abigail Chapman  
Roxanne Cloutier  
Danica Cormier  
Danika Eagle-Belliveau  
Maria Eagles

Joanie Gagnon  
AnnaBelle Godbout  
Xu He  
Carlyann Jenkins  
Alyssa Kilcollins  
Vanessa Lagacé  
Isabelle LeBlanc  
Morgan Lutz  
Meghan MacNeil  
Tanya Martin

Josée Mazerolle  
Abbygail McGrath  
Brianna Peterson  
Sophia Pettipas  
Hanna Player  
Brianna Robichaud  
Brooke Spence  
Emily Tower  
Valerie Ward  
Emily Watling

## 2019 OULTON STUDENTS



### MISSION STATEMENT

The NBDA is the provincial organization for dental assistants that foster opportunities for the professional growth and is the voice of New Brunswick Dental Assistants.

The six most important goals arrived at are:

Communication

Professional participation

Public promotional of what a Dental Assistant is

Education

National Unity

Members benefits



<http://www.facebook.com/MaritimeAssistanceCanines>

<http://www.maritimeassistancecanines.org/>

## Message from the NBDS Representative

### LAPSE OF A LICENSE

A lapse of a license of over **3 years** requires a recommendation from the Registrar and approval of the Executive Committee of the Board of Directors prior to having a license re-issued.

The longer you are out of practice, the more stringent reentry into practice will become.



Ronda Marr, CDA

Happy Spring!

As I sit and write this last report for you as the NBDS Representative, I look back with both fond memories as well as some disappointment.

There were 2 very large changes during my term, Lapse of Practice and licensing date changes (see below), which greatly affect all DA's in New Brunswick.

I believe the Lapse of Practice By Law is important for our profession. Although it negatively affected some working DA's in New Brunswick, we have to stay true to our mission, our duty to protect the public, as well as simply being taken seriously as health care professionals. I do believe, at this point, ALL dental assistants in New Brunswick are well aware of this change, and will adhere by it. We trust that ALL dental assistants are working within their scope of practice, maintaining the necessary continuing education, as well as being fully licensed as we move forward.

Mr. Dan Leger has proposed another change to Dental Assistants in regards to licensing timing. A recommendation has been made to the New Brunswick Dental Society Board of Directors that: Licensing and Association membership renewal for Dental Assistants be harmonized annually in the month of October. FOR OCTOBER 2019 ONLY there will be a 17% discount on the fee because of the earlier renewal date. We can have a discussion around this during our business meeting at the AGM. Bernice and I will do our best to answer any questions you may have.

We have and continue to work very hard to improve communication with our members. Therefore, we encourage you all to attend and participate in YOUR Annual General Meeting. We would also encourage every member to volunteer on YOUR Board of Directors, whether that be locally, provincially, or even nationally!

It is the volunteers after all, who make the biggest difference within our profession!

In closing, I wish to extend my sincerest gratitude to you all for having me as your NBDS representative. I wish Sylvie Fortin Bourque all the best as she assumes the role.

Respectfully Submitted,



*If you are licensed now or wish to be anytime in the future, you **must** maintain your 12 continuing education points annually throughout your career as a level 2 dental assistant professional.*

**DYNAMIC COMMUNICATION CHECK-UP!**

Have you ever felt frustrated with someone in your life, who just won't listen no matter what you say?

Did you ever wonder how to deal better with difficult people?

Did you ever wish you could stay unruffled in the face negative comments?

If any of these three questions resonated with you, then join Tracey MacDonald (from Tracey Mac Coaching) for **Dynamic Communication Check-up**, where you will learn:

How our own inner voice can breakdown communication and what to do about it.

What are the 4 major blocks to communication.

How to communicate with difficult people in a constructive way.



**Tracey MacDonald, Presenter**



Tracey MacDonald is passionate about empowering others to tap into their inner wisdom and to master their emotions. Tracey's own journey in self-awareness has really opened her eyes to how we communicate with ourselves directly impacts our self confidence, internal state of peace and happiness.

Business leaders and dental/health professionals who have partnered with Tracey have been equipped with a higher level of self-awareness, increased emotional intelligence and enhanced communication skills. She has helped them increase

their confidence, enjoy happier and more fulfilling relationships, gain clarity and focus to take their personal and professional life to the next level. Tracey also enjoys educating and group coaching to help improve office and team dynamics.

*Tracey MacDonald is a Certified Professional Life and Business Coach (CPC), Master Practitioner of Energy Leadership (ELI-MP), motivational speaker, workshop/training facilitator and licensed practitioner of Neuro-Linguistic Programming (NLP). Tracey also has over 18 years experience as a dental hygienist and treatment co-ordinator.*

[traceymaccoaching.com](http://traceymaccoaching.com)

**AGM registration at 9 a.m.—Con-Ed 1:00 p.m. to 3:00 p.m.**

Mail registration form and make cheque payable to:

NBDAA

P.O. Box 8997, Shediac, NB E4P 8W5



For more information - Bernice Léger toll free 1-866-530-9189 or bernioff@nb.sympatico.ca.

**REGISTRATION FORM**

Registration deadline is May 1, 2019

DA

Non member

NAME: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY / PROVINCE: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

PHONE: \_\_\_\_\_ MEMBER (YES OR NO) \_\_\_\_\_

VISA OR MASTER CARD NUMBER: \_\_\_\_\_

SECURITY CODE: \_\_\_\_\_ EXPIRY DATE: \_\_\_\_\_

If you are paying by credit card, you may fax your registration to (506)532-3635.

**SATURDAY**  
May 4, 2019

FREE AGM only

\$30 Lunch only

\$50 for Members (entire day)

\$65 Non-Members (Con-Ed & lunch)

Spring 2019

## Message from the Past President

### AWARDS

Please consider nominating a deserving dental assistant for a NBDAA award presented at our next AGM on May 4, 2019 in Moncton.

For more information on awards, please visit the website at [www.nbdaa.ca](http://www.nbdaa.ca) under "site pages".

2019 AGM will be held at the Four Point Hotel with an education session.

For overnight accommodations call 1-506-852-9600



Marie-Christine Arseneau  
Past President

Hello everyone,

We now have more daylight hours to melt all that snow. For us snow lovers, we were well served by Mother Nature.

I sit on a few committees and I have the pleasure of announcing our two 2018 scholarship recipients of \$500 each. Among all the applicants, we want to congratulate Clodie Breau, student at CCNB Campbellton and Alyssa Kilcollins, student at Oulton College.

We will present our recognition awards during our AGM lunch. Participation has been low in nominations for the past few years so we are going to revise the awards offered. What would you like to see as recognition for outstanding dental assistants? We want your opinion.

During the AGM, we will be accepting nominations for provincial board positions. We currently have two positions to fill which are local representative for the North Shore and the Upper Saint John River Valley.

After 7 enriching years on the provincial board of directors of NBDAA, I respectfully step aside. It was a pleasure meeting you and representing our membership. See you all in May at the AGM in Moncton.

## Message from the North Shore local



Sylvie Fortin-Bourque,  
North Shore Representative

Fellow members,

After being involved with the association for the past 4 years as the North Shore Local Representative, I am excited to take a new role on our amazing board as your NBDS representative this Spring. With help from all these great people, I look forward to being able to work together and to keep our relationship with the NBDS a great one.

Ronda has done a great job with her term and I hope I can do just as much!

See you all at the AGM!

## Message from the Vice President

Spring 2019

Well! It's been another great year. Imagine my excitement when I arrived at our Yearly Winter Board Meeting in February and saw a room full of people. All seats were filled around the table. I can't say how thrilled I was to see such involvement. It was a great meeting, giving hope for the future of our Provincial Board.



Angela Cselenyi,  
Vice President

I am looking forward to attending our Annual General Meeting in May. Hoping to see many of our wonderful dental assistants present. I am certain that it will be a lot of fun. You are all such wonderful people. Keep up the good work. Let's be proud of who we are.

### ANNUAL GENERAL MEETING

Saturday, May 4th,  
2019 at 9:30 a.m. at  
the Four Points Hotel  
in Moncton

ALL DOCUMENTS FOR  
THE AGM WILL BE  
AVAILABLE IN A PDF  
FORMAT ON THE  
WEBSITE AT  
[WWW.NBDAA.CA](http://WWW.NBDAA.CA)  
UNDER DOWNLOAD,  
AGM DOCS

You will find:

Agenda

Last year's  
meeting minutes

Budget

2018 Audited financial  
statements

## Message from the Moncton local



Shantelle Boudreau  
President Moncton local

Greetings from the Moncton local! Its great to see members at our monthly meetings and taking advantage of the free CE offered. So far this year we have heard from guest speakers Andrea Laltoo from Awesome Love Healing Solutions and Carole Noel from Integrasoul. Andrea spoke to us on the benefits of EFT Tapping and how to apply it for reduction of stress and anxiety. Carole Noel talked to us about nutrition, body physiology and energy and how the three are intertwined for overall health.

Recently Jan Cowper, Candice Doucet-Nelson and I met to discuss ideas for fall and ways to get more participation from our members. We'd love to hear suggestions or ideas from our members.

Our next meeting is being held on March 20<sup>th</sup> at 6pm at Doc Braces with our guest speaker Maritime Assistance Canines. April's meeting takes us to Oulton's for the Students' Table top presentation.



## HOLLAND COLLEGE DISTINGUISHED ALUMNI AWARDS

The Holland College Distinguished Alumni Awards recognized graduates who have demonstrated professional excellence and leadership in their communities and their industries on local, national, or international level. Their recipients have brought great honour to Holland College and serve as excellent examples for our current students.

### The Award

Each honouree receives a Holland College Distinguished Alumni Award—a unique sculpture commissioned from local artist Peter Llewellyn. This award is a blue heron carved from Prince Edward Island sandstone.

### Jan Cowper

Jan has served her profession and community as a dedicated employee and volunteer for almost 30 years. She has been employed in private practice, taught at Holland College, introduced and taught a Dental Reception course at the Atlantic Business College, and is currently the team leader of federal Programs for the Medical Authorization Centre-Dental for Medavie Blue Cross.

Jan was instrumental in the development and implementation of the National Dental Assisting Examination Board's clinical practice exam. She is a facilitator for the Maritime provinces, and serves the National Dental Assisting Examination Board in both official languages. Jan has been active in her professional association since graduation, and has held leadership positions in local, provincial, and national levels as the president of PEI Dental Assistants Association, the president of the NB Dental Assistants Association (NBDAA), and as the president of the Canadian Dental Assistants Association.

Jan received her 25-year service pin for active membership in the NBDAA. She has volunteered with the Ronald McDonald Room at the Moncton City Hospital, the Heart & Stroke Foundation, and the Juvenile Diabetes Research Foundation.

In 2018, she participated in Harvard Business School's ManageMentor program for Medavie leaders, graduating as an Elite graduate.

Jan is married to Gary, who is serving in the military as a chaplain. They have two adult children and a new grandson.

*« We are very proud of you, Jan »*

